



Public Service Announcement

If you or someone you love is one of the half million people in Atlantic Canada who live everyday in pain, please join us at the Annual Chronic Pain Conferences happening in Nova Scotia.

These annual events mark National Pain Awareness Week. This year's conferences are called *Reflections of Pain* and they are being held in Halifax, Truro and Sydney.

- The Sydney event is being held on Saturday, October 31, 2009 from 12-3pm at the Delta Sydney, 300 Esplanade
- The Truro event is being held on Monday, November 2, 2009 from 12pm - 2:30pm at the Best Western Glengarry Hotel, 150 Willow St., Truro
- The Halifax event is being held on Monday, November 2, 2009 from 6:30pm to 9pm at the Dalhousie University Dalhousie Student Union Building, 6136 University Avenue, Halifax

Speakers at each event will include medical experts and pain survivors who will share help, hope and all the latest information about living with chronic pain.

This is an opportunity for pain patients and their families to network and learn coping skills for living with pain.

The events are open to everyone, admission is FREE and refreshments will be served. The presenting sponsors are the *HRM Chronic Pain Support Group* and *Action Atlantic*. Action is a volunteer advocacy group dedicated to improving chronic pain treatment in Atlantic Canada.

For more information please visit www.paincantwait.ca